



World Crossbow Shooting Association Inc.  
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# **Competition and Shooting Rules for World Championship. Regional Championship. Registered Star competition.**

## **General Shooting Rules**

**Book 1 of 11.**

for

Target, Standard, Freestyle, and Medieval Crossbow

January 2024

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## DEFINITIONS:

Arbalist / Arbalest	The name given to a person who shoots a crossbow.
Assisted Shooter	The name given to a special type of competitor who has a disability which prevents them complying with the general shooting rules.
Bench	A stable table/platform on which to put the crossbow and support for shooting the Bench Round.
Bolt	The name given to a projectile (similar to an arrow) which is shot from a crossbow.
Braced	The crossbow is braced or strung when the string is fitted between the limb nocks.
Bushland Round	A competition in which the course targets are laid out in a suitable woodland area at varying distances to simulate hunting.
Catch / Latch / claw / nut	A part of the trigger mechanism which holds the string of a spanned crossbow.
Category	A combination of Division plus Class, e.g., Target Crossbow Men.
Class	An age / gender competing area, e.g., Men, Boy, Girl, Senior Woman, Assisted Men.
Clear Draw	The distance between the braced string and the catch (also "power stroke").
Compound Crossbow	A commercially manufactured crossbow which incorporates mechanical advantage where the limbs are interconnected by cables, string and eccentric wheels or cams.
Crossbow	A device that consists of a Prod / Bow mounted transversely on a wooden / metal stock.
Division	The type of crossbow used, e.g., Target crossbow or medieval crossbow.
Federation	An association which represents a country.
Forest Round	A competition in which the course targets are laid out in a suitable woodland area at varying distances to simulate hunting.
Freestyle Crossbow	A commercially manufactured crossbow with modifications as listed in these shooting rules.
Hanger	A bolt which has hit and caught in the target and is hanging across the target face.
Kneeling	One knee on the ground and the other knee bent facing the target for Medieval crossbows shooting the Bench round.
Lath (prod)	That part of the crossbow (the bow, bow limbs) which provides the force to propel the bolt.
Limb	Stores the energy to propel the bolt. Made by laminating materials together or from a solid piece of material.
Load	The act of placing a bolt into a spanned crossbow.
Manual	An action done by hand.
may	Indicates that an action is NOT mandatory.
must / will	Indicates that a rule or action is mandatory. [strictly speaking MUST is stronger than WILL]
Medieval Crossbow	A crossbow designed and constructed in a similar manner and appearance to those from the time 1000AD to 1600AD.
Prod	That part of the crossbow (the bow, bow limbs) which provides the force to propel the bolt.
Prone	Lying front (face) down on the ground for shooting the Prone Round.

Range	An area in which the targets are placed, and the shooting is done.
Rebound (bouncer)	A bolt which has hit and bounced off the target.
Recurve Crossbow	A crossbow which has its Prod / Limbs interconnected via a single string.
Span	The act of pulling the string of a braced crossbow back ready for shooting - latching.
Standard Crossbow	A commercially manufactured crossbow as listed in these shooting rules.
Stock	The body of the crossbow to which all other parts are attached.
String	The cord which interconnects the limbs.
Target	The combination of a Target Face, Butt/Buttress and Stand
Target Face	The aiming and scoring point for crossbow shooting.
Target Butt/Buttress	The material behind the target face for stopping a bolt.
Target Stand	A framework which supports the Target Butt.
Target Crossbow	A crossbow specifically manufactured for shooting in competition as listed in these shooting rules.
Tickler (trigger)	The simple lever mechanism that is operated to release the nut and string on a medieval crossbow.
Tiller (stock)	The body of the Medieval crossbow to which the Tickler (trigger), Lath (prod) and other parts are attached.
Vertical Prod Crossbow	A crossbow designed to be used with the prod vertical.
Wind Indicator	A type of flag fixed above the Target to indicate the direction and strength of the wind.
World Archery WCSA	The world governing body for Recurve and Compound target shooting. World Crossbow Shooting Association is the world governing body for crossbow shooting.
3D Round	A competition which utilises 3 dimensional targets which are laid out in a suitable woodland area at varying distances to simulate hunting.