



World Crossbow Shooting Association Inc.  
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# **Competition and Shooting Rules for World Championship. Regional Championship. Registered Star competition.**

## **General Shooting Rules**

**Book 1 of 11.**

for

Target, Standard, Freestyle, and Medieval Crossbow

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## DEFINITIONS:

|                            |   |
|----------------------------|---|
| Arbalist / Arbalest        | The name given to a person who shoots a crossbow.   |
| Assisted Shooter           | The name given to a special type of competitor who has a disability which prevents them complying with the general shooting rules.                              |
| Bench                      | A stable table/platform on which to put the crossbow and support for shooting the Bench Round.  |
| Bolt                       | The name given to a projectile (similar to an arrow) which is shot from a crossbow.   |
| Braced                     | The crossbow is braced or strung when the string is fitted between the limb nocks.  |
| Bushland Round             | A competition in which the course targets are laid out in a suitable woodland area at varying distances to simulate hunting.                                    |
| Catch / Latch / claw / nut | A part of the trigger mechanism which holds the string of a spanned crossbow.   |
| Category                   | A combination of Division plus Class, e.g., Target Crossbow Men.  |
| Class                      | An age / gender competing area, e.g., Men, Boy, Girl, Senior Woman, Assisted Men.   |
| Clear Draw                 | The distance between the braced string and the catch (also "power stroke").   |
| Compound Crossbow          | A commercially manufactured crossbow which incorporates mechanical advantage where the limbs are interconnected by cables, string and eccentric wheels or cams. |
| Crossbow                   | A device that consists of a Prod / Bow mounted transversely on a wooden / metal stock.  |
| Division                   | The type of crossbow used, e.g., Target crossbow or medieval crossbow.  |
| Federation                 | An association which represents a country.  |
| Forest Round               | A competition in which the course targets are laid out in a suitable woodland area at varying distances to simulate hunting.                                    |
| Freestyle Crossbow         | A commercially manufactured crossbow with modifications as listed in these shooting rules.  |
| Hanger                     | A bolt which has hit and caught in the target and is hanging across the target face.  |
| Kneeling                   | One knee on the ground and the other knee bent facing the target for Medieval crossbows shooting the Bench round.   |
| Lath (prod)                | That part of the crossbow (the bow, bow limbs) which provides the force to propel the bolt.   |
| Limb                       | Stores the energy to propel the bolt. Made by laminating materials together or from a solid piece of material.  |
| Load                       | The act of placing a bolt into a spanned crossbow.  |
| Manual                     | An action done by hand.   |
| may                        | Indicates that an action is NOT mandatory.  |
| must / will                | Indicates that a rule or action is mandatory.<br>[strictly speaking MUST is stronger than WILL]   |
| Medieval Crossbow          | A crossbow designed and constructed in a similar manner and appearance to those from the time 1000AD to 1600AD.   |
| Prod                       | That part of the crossbow (the bow, bow limbs) which provides the force to propel the bolt.   |
| Prone                      | Lying front (face) down on the ground for shooting the Prone Round.   |

|                        |   |
|------------------------|---|
| Range                  | An area in which the targets are placed, and the shooting is done.  |
| Rebound (bouncer)      | A bolt which has hit and bounced off the target.  |
| Recurve Crossbow       | A crossbow which has its Prod / Limbs interconnected via a single string.   |
| Span                   | The act of pulling the string of a braced crossbow back ready for shooting - latching.  |
| Standard Crossbow      | A commercially manufactured crossbow as listed in these shooting rules.   |
| Stock                  | The body of the crossbow to which all other parts are attached.   |
| String                 | The cord which interconnects the limbs.   |
| Target                 | The combination of a Target Face, Butt/Buttress and Stand   |
| Target Face            | The aiming and scoring point for crossbow shooting.   |
| Target Butt/Buttress   | The material behind the target face for stopping a bolt.  |
| Target Stand           | A framework which supports the Target Butt.   |
| Target Crossbow        | A crossbow specifically manufactured for shooting in competition as listed in these shooting rules.   |
| Tickler (trigger)      | The simple lever mechanism that is operated to release the nut and string on a medieval crossbow.   |
| Tiller (stock)         | The body of the Medieval crossbow to which the Tickler (trigger), Lath (prod) and other parts are attached.                                 |
| Vertical Prod Crossbow | A crossbow designed to be used with the prod vertical.  |
| Wind Indicator         | A type of flag fixed above the Target to indicate the direction and strength of the wind.   |
| World Archery          | The world governing body for Recurve and Compound target shooting.  |
| WCSA                   | World Crossbow Shooting Association is the world governing body for crossbow shooting.  |
| 3D Round               | A competition which utilises 3 dimensional targets which are laid out in a suitable woodland area at varying distances to simulate hunting. |